

WORTHING LEISURE CENTRE: DATE: 17TH – 21ST FEB

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE



TIME	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	GYMNASTICS	MULTI SKILLS	HOCKEY
	8-12 YEAR OLDS	HANDBALL	NETBALL	ATHLETICS	CRICKET	
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	BENCH BALL	TRAMPOLINE	ATHLETICS	TAGGING GAMES	DODGEBALL
	8-12 YEAR OLDS	CRICKET	ARCHERY	GYMNASTICS	BASKETBALL	
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	BALL GAMES	ARCHERY	FOOTBALL	DODGEBALL	MULTI SKILLS
	8-12 YEAR OLDS	FOOTBALL	TRAMPOLINE	BENCH BALL	END BALL	
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	CRICKET	FOOTBALL	TEAM CHALLENGE	SUPERHERO GAMES	FOOTBALL
	8-12 YEAR OLDS	HOCKEY	TRAMPOLINE	FOOTBALL	TAG RUGBY	
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				