

WORTHING LEISURE CENTRE: DATE: 7TH APRIL – 11TH APRIL

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE

TIME	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	DODGEBALL	TRAMPOLINE	GYMNASTICS	PARACHUTE GAMES	CRICKET
	8-12 YEAR OLDS	FOOTBALL	MULTI SPORTS	BALL GAMES	FOOTBALL	CRICKET
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	HOCKEY	TRAMPOLINE	BALL GAMES	CRICKET	FOOTBALL
	8-12 YEAR OLDS	BALL GAMES	HANDBALL	GYMNASTICS	BASKETBALL	FOOTBALL
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	ARTS & CRAFTS	FOOTBALL	MULTI SKILLS	DODGEBALL	ARCHERY
	8-12 YEAR OLDS	ARTS & CRAFTS	TRAMPOLINE	HOCKEY	GYMNASTICS	ARCHERY
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	ATHLETICS	HANDBALL	TEAM CHALLENGE	GYMNASTICS	DODGEBALL
	8-12 YEAR OLDS	DODGEBALL	TRAMPOLINE	DODGEBALL	MULTI SPORTS	DODGEBALL
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				

WORTHING LEISURE CENTRE: DATE: 14TH APRIL – 17TH APRIL

MULTI SPORT HOLIDAY CAMP FRAMEWORK TIMETABLE

TIME	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY BANK HOLIDAY
08:30 - 09:00	ALL	START ACTIVE – EARLY BIRD CLUB				
09:00 - 09:45	ALL	REGISTRATION, ICE BREAKER GAMES & WELCOME TALK				
09:45 - 10:45	5-7 YEAR OLDS	MULTI SKILLS	TRAMPOLINE	GYMNASTICS	HOCKEY	
	8-12 YEAR OLDS	HANDBALL	DODGEBALL	ATHLETICS	BASKETBALL	
10:45 - 11:00	ALL	MORNING BREAK				
11:00 - 12:00	5-7 YEAR OLDS	ARCHERY	TRAMPOLINE	ATHLETICS	CRICKET	
	8-12 YEAR OLDS	CRICKET	FOOTBALL	GYMNASTICS	HOCKEY	
12:00 - 13:00	ALL	LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES				
13:00 - 14:00	5-7 YEAR OLDS	BALL GAMES	BENCH BALL	FOOTBALL	DODGEBALL	
	8-12 YEAR OLDS	ARCHERY	TRAMPOLINE	PARACHUTE GAMES	FITNESS/CIRCUITS	
14:00 - 14:15	ALL	AFTERNOON BREAK				
14:15 - 15:15	5-7 YEAR OLDS	TAGGING GAMES	FOOTBALL	TEAM CHALLENGE	EASTER GAMES	
	8-12 YEAR OLDS	BASKETBALL	TRAMPOLINE	FOOTBALL	EASTER GAMES	
15:15 - 16:00	ALL	AWARDS, CELEBRATION & PERFORMANCE TIME				
16:00	ALL	DE-REGISTRATION				